

# Thirroul Toastmasters Times

## President's Report

## Diary Dates



Monday 16 February club meeting at Woonona-Bulli RSL Club International Speech and Evaluation contest

Monday 2 March club meeting at Woonona Bulli RSL

Monday 16 March club meeting at Woonona Bulli RSL

## Speech Contest

Hello Toasties and welcome back for a year chock full of toastie goodness.

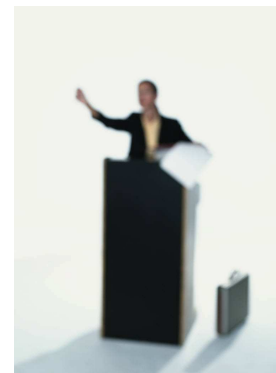
To kick off the year we have the international speech contest. This is your opportunity to shine, to light the Carrington room with your oratory brilliance. I have a gut feeling that one of you Thirroul Toasties will go all the way this year and take the grand prize in the United States.

The time is ripe, so dust off your tonsils, dig out your passports and enter our local derby, the first step on a jet-set road to Thirroul's glory.

Looking forward to hearing you.

Luke Yewen

Note that at the next meeting, the club will hold its annual International Speech and Evaluation contest. While 6 speeches must have been completed to enter the International Speech contest, anybody can enter the Evaluation contest.



## Tips for Evaluation

1. Show that you care
2. Suit your evaluation to the speaker
3. Listen actively  
Be physically and mentally alert  
Listen with your eyes as well as your ears
4. Personalise your language  
My reaction was.....  
I felt that you.....  
I think your next speech will have a stronger impact on me if you.....  
A technique I have found useful is .....
5. Give positive reinforcement
6. Help the speaker to become motivated, get them back for their next speech
7. Evaluate the behaviour not the person
8. Nourish self-esteem  
Tell the speaker what he/she is doing well and WHY
9. Show the speaker HOW to improve  
Focus on what the speaker should be doing, not on what he/she should not be doing  
Keep your recommendations to a manageable size  
Tell the speaker HOW to improve, not just WHAT to improve  
Use the PLUS and MINUS evaluation of commend, recommend, commend, commend

Elizabeth Wilson DTM 18 May 2002

## Welcome Back



We are pleased to welcome back to the club Sabine Mascarenhas. Sabine is a charter member and past President of the club and making a big contribution in the early days.

## Flat Screen TV



# December and January Meetings

## 10 November

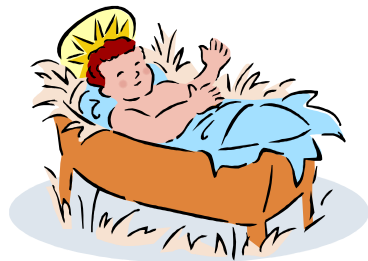
Only the one meeting for December, which suffered slightly in terms of attendance due to the time of the year.

There were three members present and one visitor, Tina Yewen, representing the President.

Jim Ollis was in the chair for this meeting.

The table topics master was Tina Yewen, allegedly giving impromptu topics requiring impromptu responses. It was a fun session with a wide range of topics from success to failure.

There was only one speaker, Ian MacDonald, with his speech titled, "An Early Christmas Present". This speech was from the Competent Communicator manual, Show What You Mean, and was an interesting and thought provoking journey through the theories of looking after babies.



## 12 January

A special video night held at Jim's. The District 70 Humorous Speech and Table Topics contests were shown - proving once and for all what poor judges are judges. Despite this, the impromptu

speaking skills displayed in the table topics contest were impressive and the humorous speeches were, well humorous. Many thanks to Jim for hosting this event. See Jim if you would still like to see the video.



## 19 January

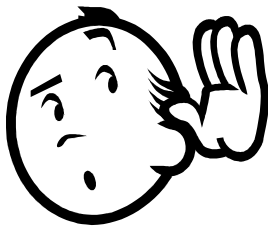
The first normal meeting of the year saw 7 members attending. The Table Topics Master was Robert Ollis with an assorted selection of topics. There were 2 speakers, Jim Ollis, "Does it Matter" about the effect of a new President in the United States on Australia and David Abernethy with "Wollongong", analysing the state of sport in the city of Wollongong.



# Getting to Know - Jim Ollis

**When did you join Toastmasters and why did you join** - I joined Toastmasters in March 2000 because of a change in my working conditions; I was expected to make presentations. While I could do it, I was not very good at it and found it required a lot of preparation and nervous energy during the delivery.

**The advice from my parents I should have listened to was** -



If you keep playing that music so loud you will go deaf!

**The famous person I most admire is** - Nelson Mandela. To hold onto a belief for so long and through such adversity as he did and then to defeat his oppressors to emerge as a worldly statesman, is truly remarkable and shows great strength of character.

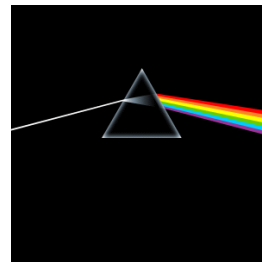
**The next book I intend to read is** - "Dreams from my Father", Barack Obama's autobiography up to age 34. I have almost finished it. Maybe it is the fact that he will soon become the most powerful man in the world that I find the story of his origin so interesting.

**One thing I would like to change about the world** - The world's dependence on fossil fuel, such as oil and coal.

**country I would most like to visit** - Scotland. It is birth place of my mother till she was 24 years old. It is a case of pursuing my origin.

**I don't like** - The intrusion of media into our lives, such as television, DVDs, music videos etc. They invade our lives without most of us realising and set standards for the way we behave that have little to do with our own personal development but are designed to maximise profits for the captains of industry.

**My favourite piece of music is** - Pink Floyd "Dark Side of the Moon"; one of the pieces of music that my parents told me to turn down. The lyrics speak about the frustration and powerlessness that people face in a hectic modern world and the music drives the message very powerfully.



**If you could be present as a detached observer at any event in history it would be at** - The landing of the first fleet and its encounter with the first Australians. We were taught at school that they were few in number and their needs were of no consequence. Recent evaluation of history suggests that is possible not the true picture.

**Perhaps I should have studied** - Medicine, maybe then I would not be a hypochondriac.

**I spent most of my working life** - As a surveyor and loved it.

Always in my fridge pantry is - Soya milk

Thirroul Toastmaster Times  
Thirroul Toastmasters Club  
Woonona Bulli RSL Club  
Carrington Room  
Every second Monday 7:30 pm  
[www.thirroultoastmasters.org](http://www.thirroultoastmasters.org)  
[info@thirroultoastmasters.org](mailto:info@thirroultoastmasters.org)  
Editor: David Abernethy